

Thank you for signing up to participate in the Race Against Breast Cancer's Pink Out Color event on September 11, 2015 at Topeka West High School! You will have an awesome time while getting doused with color and supporting no-cost RABC mammograms for those in northeast Kansas! Here is some information you need to know to prepare for our event.

Getting Ready for Pink Out

If your hair is light colored or highlighted and you do not want the color to stick in your hair, it is suggested you oil your hair with coconut oil, olive oil or leave-in conditioner before the event. If you need your hair to be color free after the event, cover your hair with a bandana. Eye protection such as goggles or sunglasses are recommended to avoid getting a lot of powder in your eyes. Although the color will eventually wash out of just about everything we do not recommend wearing your expensive or irreplaceable items on the course.

After the Pink Out

Before applying water, dust off as much dry powder as you can. If you have color in your hair, vigorously brush it. Rinse out any oil/condition applied with COLD water. Then wash your hair as normal. For some people it isn't unusual for hints of color to remain for a little while. If the color is being stubborn on leaving your locks try washing your hair with a mixture of baking soda and blue dish detergent. Wash your Pink Out Color clothes separately in COLD water.

Frequently Asked Questions

Do I need athletic prowess to participate?

Nope! If you can walk, jog, or run, you can participate in our Pink Out. Since the course is on grass those pushing or pulling wheeled items such as wagons, strollers and wheelchairs may have a difficult time moving and we do not recommend their use during the Pink Out event.

Can I bring my favorite pet?

While we all love our favorite dog, cat, bird, ferret, etc., this is a time they need to stay at home. We do not allow animals at our event.

Is there an age limit?

There isn't an age limit. All participants will need to register and pay the registration fee. Wheeled items such as wagons, strollers and wheelchairs may have a difficult time moving on the grass and will not be allowed.

What is included in my registration fee?

Each participant will receive a Pink Out Swag Bag which will have your entry band inside. A special edition white short sleeved cotton Pink Out shirt is available in adult sizes Small through X-Large for an extra \$10. Sign up to get one when you register.

Why should I buy a white special edition Pink Out shirt?

White shirts make this event fun and we highly suggest everyone participating wear one – otherwise what is the point of getting colored powder tossed on you! By purchasing a white Pink Out shirt you are further supporting the RABC and our no-cost mammography program. We want to say thanks in advance of your support!

What happens the day of the event?

Pink Out participants will come to Topeka West High School's central courtyard between 4pm and 5:30pm to pick up their Swag Bag and Pink Out shirt (if they ordered one). At 5:45pm we will go to the Pink Out course at the soccer field to begin the color fun! All participants will need to show their entry band to enter the field.

How will I get Pink Out colorific and is it safe?

Our spunky volunteers will douse you with shades of pinks and purple powder as you pass by each of the color stations. They will aim low as you pass by to attempt to keep as much of it out of your face as possible. The color powders we use are certified non-toxic and free of any heavy metals. They are composed of cornstarch and FD&C dyes. As with any powder substance, you will want to keep it out of your eyes and mouth. We do suggest use of eye protection such as goggles or glasses. Fun sunglasses will be for sale at our event. Some color event participants have also opted to wear bandanas or dust masks to protect their noses and mouths.

Will the powdered color Pink Out my clothes? What about my car?

The powdered color will mostly disappear if washed out after the event. Like anything dirty, the sooner you wash it, the better. Wear clothes and shoes you won't mind if they sport pink and purple marks for the rest of their life! Make sure you take advantage of our air blower cleaners after the event to get as much powder off yourself. We suggest you bring protection for your car's interior or bring a change of clothing.

What if I want to keep my Pink Out colors on my shirt?

If you choose to keep the Pink then spray your shirt with vinegar and iron it. If you wash your shirt the color will eventually come out.

Is it safe for me to expose my electronics in a color station?

Electronics are sensitive and so we recommend that you protect your phone/mp3/camera/etc. with a piece of plastic wrap. Some people love to take pictures while getting doused with the color. We ask that shutterbugs keep an eye on their surroundings and other participants so no one gets injured.

What happens if the Topeka weather is less than favorable?

A light rain won't stop the Pink Out Color event. Our colors will be more vibrant in that case! If the following weather conditions exist we will either delay or move the date of the event: Tornado Watch/Warning or Severe Thunderstorm Watch/Warning. Our event chair, co-chair and Pink Out event coordinator will decide the course of action and notify Pink Out Participants the day of the event by email as well as posting on our Facebook and website page.